# LET'S PARTY LIKE IT'S 1999 CELEBRATE 20 YEARS OF SUMMER FUN AT KIRKWOOD RECREATION STATION AQUATIC CENTER! \$20 OFF all season passes (one discount per household)-March 1-20 only

The Recreation Station Aquatic Center offers a multitude of activities for everyone. Swim and dive lessons, water aerobics, swim team and much more can be a part of your summer at the Aquatic Center that features:

- 10-Lane Competition Pool
- Zero-Depth Entry Family Pools with Play Features
- · Lazy River
- Two 3-Story Slides

For up-to-date information about weather-related closures and cancellations, call (314) 433-4313 & dial the appropriate extension:

- ext. 19 for aquatic center closures
- ext. 20 for aquatic center programs
- ext. 21 for swim lessons

Want the information on your smartphone? Download the RainoutLine.com app, found in your app store.

### **Daily Admission**

uth (4-17)*	Adult (18+)	Senior (65+)
\$5	\$5	\$4
\$8	\$8	\$8
\$45	\$45	\$36
\$72	\$72	\$72
	\$5 \$8 \$45	\$5 \$5 \$8 \$8 \$45 \$45

Half price daily admission begins 2 hours before closing time.

### **Season Passes**

	Youth (4-17)*	Adult (18+)	Senior (65+)	Family of 3***	Caregiver Pass
R	\$80	\$95	\$80	\$210	\$75
NR	\$120	\$145	\$120	\$315	\$115

Benefits of a Season Pass - Picture ID card included, Free Early Morning Lap Swim, Half price Tot Time Season Pass, Discount on Parties

### **Hours of Operation**

Sat. 5/25 - Wed. 8/14

Weekdays\* Noon - 7:30 p.m.
Weekends 10 a.m. - 7 p.m.
Holidays\*\* 10 a.m. - 6 p.m.

\*Swim & Dive meets 6/10, 6/24 & 7/1 (see p. 6 for more details)

\*\*Memorial Day 5/27 & 4th of July

### **End of Season Hours**

Thurs. 8/15 - Mon. 9/2

Weekdays\* 4 - 7:30 p.m. Weekends 10 a.m. - 7 p.m. Labor Day 9/2 10 a.m. - 6 p.m

\*Competition pool, family pool, & slides open-half price admission)

### **ADMISSION POLICIES**

### Residents (R)

- Those residing in Kirkwood, Glendale, or Oakland receive resident (R) rates on all aquatic programs, passes, and admissions.
- Residents can enter the facility by paying resident daily admission or by purchasing a season pass.
- For entry, you will need to present a Kirkwood Parks and Recreation-issued ID card. No other form of ID will be accepted.
- Each ID card holder will be allowed up to 4 guests per day. All guests of residents will pay NR guest daily admission fees.

### Non-Residents (NR)

- Non-residents may enter the facility as a guest of a resident, by purchasing a NR ID card, or by purchasing a NR season pass.
- Each NR must purchase their own ID card if wanting to enter the pool without a resident.
- NR season pass holders must present a Kirkwood Parks and Recreation-issued ID card. No other form of ID will be accepted.
- Each NRID card holder will be allowed up to 4 guests per day. All guests of non-residents will pay NR guest daily admission fees.

### **ID Cards**

Resident and Non-Resident ID cards are available at the Community Center front desk during normal business hours (see p. 1). Cost is \$5 (R) or \$30 (NR), both for originals and replacements. Resident ID cards are good for three years from issue date, and NR ID cards are valid until the end of each pool season. In order to obtain an ID card, each purchaser 16 and over must present a valid and current photo ID showing residential address and a current utility (gas, water, electric or phone) bill, bank statement or voter ID card, issued to their home address within the last three months. Purchasers age 15 and under must be accompanied by a person living at the same address who can present the documents listed above. Everyone 4 and over must have an ID card.

<sup>\*</sup>Children 3 & under free when accompanied by a paid adult. Swimmers under 12 must be accompanied by a responsible person age 15 or older.

<sup>\*\*</sup>Non-residents may enter the facility as a guest of a resident or by purchasing a NR Season Pass or NR ID card.

<sup>\*\*\*</sup>Each additional family member R \$20 NR \$30

### Swim & Dive Meet

The diving boards will close at 2:30 p.m. and the lap pool will close at 3 p.m. for home swim/dive meets on June 10, June 24, & July 1. The remainder of the aquatic facility will remain open. Half-price daily admission for both resident and non-residents on these days.

### Early Morning Lap Swim

Early morning swimmers can take advantage of additional morning hours. Get your laps in early! Please note: 7/15 & 7/16 lap swim will take place from 5:30-6:30 a.m. due to swim team prelim meet. If the meet is rained out on 7/15 or 7/16 then lap swim will also be switched to 5:30-6:30 a.m. on 7/17.

Mon.-Fri. 5/28 - 8/23 6:00-7:30 a.m. R \$60 NR \$85 (free for season pass holders)

### **Tot Time**

During this time in the family pool, kids 0-5 years can splash & play with their peers. Children 6-11 are welcome when accompanied by an adult and a child 0-5. Please be aware that 6-11 year olds that are disruptive to the play of 0-5 year olds will be asked to sit out. (No Tot Time July 4- pool opens to the public at 10:00 a.m.) Mon.-Fri. 5/28-8/14 10:15 - 11:45 a.m.

### Tot Time Daily Admission:

R \$2.50 per child (w/ resident ID card or pool season pass) NR \$4 per child Adults free

### Tot Time Season Pass:

R \$50 (\$25 for family season pass holders) NR \$75 (\$37.50 for NR family season pass holders) One Pass required for each child 3 months - 5 years old (adults free). Must have 1 Adult and 1 child 0-5. Each additional child pays the above daily fee. 10-admission card accepted for tot time admission.

### **After Hours Pool Rental**

All or portions of the Kirkwood Aquatic Center are available for private rental, with lifeguards and other pool related staff, after public hours Friday 8 p.m.-10:30 p.m. or Sat & Sun 7:30 p.m.-10:30 p.m. during June & July. To reserve a full facility rental, call before April 1. To reserve a partial facility rental call after April 1. Outside food and drinks are allowed for an additional fee of \$50. No alcohol please. 200 guest maximum (300 max for an additional \$50/hour; 400 max for an additional \$100/hour)

For more information, call 314-822-5859.

Aquatic Center Rental Fees:

Full Aquatic Center R \$700 NR \$840 per hour Competition Pool & Slides R \$250 NR \$300 per hour Comp. Pool, Slides & Lazy River R \$450 NR \$540 per hour

Looking for the coolest (and easiest!) party under the summer sun? Our parties include 15 all-day admissions with flexible arrival time, party tables for an hour and a half and permission to bring a cake into the Aquatic Center! To set up a party please call 314-822-5859. Party area can be reserved during one of the following times:

12:30 - 2:00 p.m. 3:00 - 4:30 p.m. 5:30 - 7:00 p.m.

10:00 - 11:30 a.m. (Saturday or Sunday only)

Residents: \$6 for each additional guest \$90 Non-Residents: \$144 \$10 for each additional guest Season Pass Holders: \$70 \$4 each additional guest

An additional "clean up" fee will be charged if area is not clear of food and trash at the end of your rental. Max of 30 people per party.

### **Night Waves Pool Party Series**

Calling all incoming and current middle school students around St. Louis! Enjoy music, games, friends, and fun at different aquatic venues. Residents and non-residents welcome. All parties are from 8-10 p.m. unless otherwise noted. - \$5 entry fee.

Thurs.	6/6	Manchester Aquatic Center
Fri.	6/14	Webster Groves (8:15 p.m.)
Fri.	6/21	The Lodge Des Peres (outdoor pool)
Fri.	6/28	North Pointe Aquatic Center (Ballwin)
Fri.	7/12	The Timbers of Eureka
Fri.	7/19	Aquaport (Maryland Heights)
Fri.	8/2	Kirkwood Aquatic Center

### **Dog Pool Party**

A chance for your four-legged friend to enjoy the cool Recreation Station Aquatic Center waters! Sponsored by the Missouri Alliance for Animal Legislation's Pool Paws for Humane Laws. Current shot records MUST be provided: Vacc records, DHLPP and Rabies.

Tues. 9/3 5:00-7:00 p.m. (all dogs)

Thur. 9/5 5:30-6:00 p.m. (25 lbs or less), 6:00-7:30 p.m. (all dogs) \$10 per dog/owner \$3 each additional person

### Courtney Shupe Scholarship Program

The program is designed to assist young people ages 17 and under, whose families or households face economic challenges, in enjoying the programs and facilities of the Kirkwood Aquatic Center, including swim & dive lessons and season passes. Application available at www.kirkwoodmo.org/pool. Call 822-5856 for more details.





Have a fun summer job and learn how to save lives!

Flexible schedules available

15-year-old age minimum

Be on guard! Apply online at www.lifeguardsunlimited.com Questions? Call 314-423-9899



### SWIM INSTRUCTORS •

Seeking responsible and energetic swim instructors

Starting pay \$11/hr

Shifts available: morning, evening, and weekends

For more info please contact Kyle Henke at 314-822-5856 or henkekk@kirkwoodmo.org

### **DATES & TIMES**

### **Morning Lesson Program**

See classifications to the right for appropriate age/skill level. 30 minute classes Mon.-Thurs. for two weeks. 10:40-11:10 a.m. OR 11:15-11:45 a.m. 6/3-6/13 6/17-6/27 7/8-7/18 7/22-8/1 R \$59 NR \$69

### **Evening Lesson Program**

30 minute classes Tue. & Thu. for four weeks. 7:40-8:10 p.m. 6/4-6/27 7/9-8/1 R \$59 NR \$69

### **Saturday Lesson Program**

30 minute classes Sat. mornings for four weeks. 8:45-9:15 a.m. OR 9:20-9:50 a.m. 6/8-6/29 7/13-8/3 R \$42 NR \$52

### **Private Swim Lessons**

30-minute private swim lessons are available for youth and adults, purchased in your choice of packages below. One additional person can be registered for the same private lesson for an additional \$25 fee (for each 3 lessons). Register at the Community Center. Lessons cancelled for any reason without 24 hours' notice will not be rescheduled. Clients are permitted one reschedule date within a 3-lesson package, two reschedule dates with a 6-lesson package, and three reschedule dates within a 9-lesson package.

3 Lesson Package R \$60 NR \$75 6 Lesson Package R \$115 NR \$135 9 Lesson Package R \$162 NR \$190



### **Dive Lessons**

Youth ages 6 & up can learn diving basics on the one-meter boards. Evening classes held Tues. & Thurs. 7:40-8:10 p.m. R \$50 NR \$60 6/4-6/27 7/9-8/1 Saturday Morning Classes 9-9:30 a.m. R \$33 NR \$43 6/8-6/29 7/13-8/3

### **Dive Clinics**

Youth ages 6 & over can take their diving skills to the next level with instruction by Tom Adams. For more information email Kyle Henke at henkekk@kirkwoodmo.org. R \$60 NR \$75 Class meets Mon-Fri 10:40-11:40 a.m. 6/10-6/14 6/17-6/21

### **CLASSIFICATIONS**

### Held in Family Pool

### **Shrimp**

Ages 12 months-3 years. Swimmers with little or no experience will be taught water safety, floating, kicking, arm strokes, blowing bubbles, and object recovery. Parent is in the water with the child.

### Sea Horse

Ages 2.5-4 years. For participants with little or no experience. Skills taught include water safety, floating, bubbling, kicking, arm strokes and object recovery. Child needs to easily separate from parent.

### Starfish

Ages 4-6 years. For participants who have completed Sea Horse or can put face in water for at least three seconds. Skills taught include water safety, front kicking, object recovery, bobbing, back float, front crawl and intro to using a kick board.

### **Held in Competition Pool**

### Guppy

For school-age beginners. Skills taught include water safety, front crawl, back float with kicking, deep water orientation, bobbing, front float with glide and kicking, object recovery.

### **Flipper**

Advanced beginner level. Skills taught include water safety, rhythmic breathing with support, backstroke, underwater swim, treading water, standing dive, and deep water orientation.

### Seal

Intermediate level. Skills taught include water safety, rhythmic breathing with free style, breast stroke, back stroke, racing dive, and treading water for 1 minute.

### Sailfish

Advanced level. Swimmers work on all strokes (freestyle, backstroke, breaststroke, butterfly), and perfecting the racing dive.

### **Competitive Swimming**

Swimmers will concentrate on technique, endurance and development of all four strokes. Instructor will personalize the workout to your child's individual needs.

Please note that not all classifications will be available for all sessions and some classes may be combined to ensure adequate student-teacher ratios. Age ranges are guidelines; participant skill level should be considered first. Participants must register for swim lessons one week in advance.

# KIRKWOOD RIPTIDES SWIM AND DIVE TEAM

Now open to non-residents!

Ages 5-18. Kirkwood Riptides Swim & Dive Team provides an opportunity for your child to learn new swimming skills and develop lasting friendships. This recreational Swim and Dive Team is for youth who have appropriate swimming/diving skills.

New member registration begins May 2 after successfully completing a skills assessment. Skills assessments take place Sat. April 20 and April 27 from 8:30-9:30 a.m. at the STLCC Meramec pool or May 18 from 8:30-9:30 a.m. at Kirkwood Aquatic Center (please register for one date only). Call 314-822-5855 or email Kyle at henkekk@kirkwoodmo.org to register.

Practices are held weekday mornings for all age groups and Mon/ Wed evenings for ages 11 & up. Meets are scheduled during the week throughout the St. Louis West County region.

Program Dates: 5/28-7/19

Fees: R \$135 NR \$150 for Swim or Dive only or R \$160 NR \$175 for both Swim & Dive. We offer a \$5 discount for each additional child from the same family. Each age group has limited space.

Registration for returning team members opens on March 25.

For more information, visit kirkwoodriptides.com or email Kyle at henkekk@kirkwoodmo.org



### **PADI Seal Team Scuba Camp**

Ages 8-14. The Seal Team Scuba Camp is a pool-only, activity-filled introduction to the exciting world of scuba. Under the direct supervision of certified scuba instructors from Y-kiki Divers, participants will complete a new "AquaMission" each day to learn new scuba skills. A PADI Seal Team Crew Pack is provided to each participant. All equipment rental is included in the price. Participants will receive a PADI Seal Team member card and wall certificate at the conclusion of the course. Participants and parents or guardians must complete and sign the PADI Seal Team Statement prior to camp. Participants who answer YES to any question on the medical history form must have a Physician's Release prior to camp. Two sessions offered! (Min. 4; Max. 12)

7/29-8/2 8/5-8/9 9 a.m.-12 p.m. R & NR \$195 per session



## **AQUATIC FITNESS CLASSES**

### All Fitness 10-Punch Card

Purchase a punch card to attend any 10 classes. Choose from Water Fitness, Agua Zumba, X-Stream fitness class, or River Walk Club!

R \$45 NR \$55

\$6 individual class rate (must pre-purchase at community center)

### **Instructed Water Fitness Season Pass**

Take advantage of our best deal, as low as \$10 a week! Attend up to six instructor-lead classes a week! Choose from Water Fitness, Aqua Zumba, or X-Stream. See class descriptions along with dates and times below. River Walk Club not included.

R \$120 NR \$150

### **Water Fitness**

Our water aerobics class is the coolest way to exercise during the summer. Take advantage of the increased resistance of water! All fitness levels welcome. Class takes place in the shallow end of the competition pool. Instructor varies throughout the week.

6/3-8/23 (no class 7/4) M/W/F 10:45-11:45 a.m. T/Th 7:40-8:40 p.m.

### Aqua Zumba

Aqua Zumba uses dance and fitness movements to the background of fun, upbeat music integrated into a water-based workout. All skill levels and abilities are welcome to join the party!

6/8-8/24 Sat. 9-9:45 a.m.

### X-Stream

Are you ready to pump up your water workout? This class uses the power of the current, strengthening virtually every muscle in your body. Instructor Lisa Hale has numerous years of experience teaching all things water, with water exercise as her specialty.

6/5-8/21 Wed. 10:05-10:35 a.m.

### **River Walk Club**

The River Walk Club gives participants the chance to walk against the current in the Lazy River (8 laps = 1 mile). No instructor is provided, making this an ideal environment to work out at your own pace. Registration or All Fitness 10-Punch Card accepted for entry. Not included in the Instructed Water Fitness Season Pass.

5/28-8/24 (no class 7/4) R \$70 NR \$95 M/W/F 9-10 a.m. T/Th 7:40-8:40 p.m.

Sat. 8:45-9:45 a.m.