

Spring Fling Fitness Challenge

TEAM:

Department(s):

No.	Name	Cell
1	Captain	
2		
3		
4		
5		
6		
7		
8		
9		
10		

Team Captains: Minimum 5, maximum 10 per team including you. Please post this roster in your area so everyone knows their teammates, and send a copy to Theresa Ebeling at ebelinta@kirkwoodmo.org. **All team member registration forms are due Wednesday, April 3.**

(Late registrations accepted until April 11)

NOTE: Challenge starts Monday, April 8, 2024, and ends Sunday, June 2, 2024. There is one optional rest week allowed. This Challenge counts towards the 2024-2025 Earned Health Day.